

Coaches

All the adults involved in the teaching at the Junior Canoe Club have the appropriate British Canoe Union qualifications. BCU guidelines are followed for all events run by the club.



Events

The programme aims to provide a wide range of experiences and training for our members.

During the summer months we teach approximately half the time at HOAC and the other half as organised trips. During the winter there are regular pool sessions to bring on “wet” skills such as rolling, in the comfort of a warm pool.

Contact Information

Hillingdon Junior Canoe Club
c/o Neil Wade
5 Glebe Road, Chalfont St. Peter,
Bucks. SL9 9NL
Fax: 07053 440370
Phone: 01494 581349
E-Mail: secretary@hjcc.org.uk

Find the Hillingdon Junior Canoe Club website at:

www.hjcc.org.uk

We have compiled a list of the most frequently asked questions (click on the “Questions” button), please check this before sending us e-mail.



Who are we?

Hillingdon Junior Canoe Club is a voluntary run organisation based at the Hillingdon Outdoor Activities Centre, and affiliated to both the London Borough of Hillingdon Youth Service and to the British Canoe Union / Canoe England.

The aim of the club, led by canoeing enthusiasts, is to introduce young people to the broad range of positive experiences that canoeing or kayaking can provide. We offer a safe and fun environment for young people to learn and develop their skills through a wide range of activities and trips.

What we provide

We provide opportunity, instruction, equipment and supervision to introduce young people safely to:

- ◆ Placid water canoeing
- ◆ Placid water kayaking
- ◆ White water kayaking
- ◆ Racing & Marathons
- ◆ Touring
- ◆ Canoe Polo
- ◆ Slalom
- ◆ Freestyle Play-boating

We will also try to develop our members' skills and abilities to gain qualifications through:

- ◆ Paddlepower
- ◆ The BCU star tests scheme
- ◆ Canoe safety tests (FSRT)
- ◆ Coaching courses (Age appropriate)
- ◆ Introduction to competition

The core activities are targeted at 12 to 18 year-olds but we accept young people aged 10 to 25.

We also cater for paddling parents and those wishing to progress into coaching.

Want to try it out?

If you already have your BCU One-Star or "Discovery" award then contact us to arrange to come down and meet us at the next regular club session at HOAC. See the Program & "FAQ" page on our website for more information.

Come and try us out for free. (Just pay the day rate to HOAC if you are not already a HOAC member).

However we do ask that you fill in the form on the web site and bring it with you so that we know who you are.



Contact:

HJCC Secretary: Neil Wade
secretary@hjcc.org.uk

or

HJCC Chairman: Paul Simmonds
chairman@hjcc.org.uk

2015 Membership

Annual membership (May 2015 to April 2016) of Hillingdon Junior Canoe Club is made up as follows;

Junior Canoe Club fee £ 70.00¹

plus

HOAC membership of £ 34.00²

(paid direct to HOAC, not to HJCC)

With your membership of the club you also become a member of the Hillingdon Outdoor Activities Centre, allowing access to the wide range of activities they offer, such as Canoe Tuesday & Thursday Sailing, Windsurfing etc.³

Your membership brings full use of all the HJCC facilities, canoes and kayaks during club sessions.

To be a member you must be physically fit enough to participate in this activity and able to swim 50 metres in light clothing and be happy if you capsize.

Note 1: £70 for the first family member and £40 for each subsequent family member.

Your HJCC club fee also includes a club affiliation charge to Canoe England. *This is not individual Canoe England Membership.*

Note 2: The HOAC 2015 junior rate is £34. Family (Club) membership for HOAC is £135 for 2015, and may be more cost effective than individual membership. – See www.hoac.net for full details

Note 3: Access to the HOAC facilities. See www.hoac.net for more information.